

**“Surface:**  
Make sure  
your patients  
are seated and  
lying on the  
correct support  
surface.”

“Keep your  
patient moving.”

**“Incontinence/  
Moisture:** Make sure  
your patients are  
not lying or sitting  
on a wet surface,  
keep skin clean and  
moisturised.”

**“Skin  
Inspection:**  
Early inspection  
means early  
detection. Show  
patients and  
carers what to  
look for.”

**“Nutrition/  
Hydration:**  
Help patients  
have the  
right diet and  
fluid intake.”

SKIN

National  
Quality Improvement  
Programme